

Running/Jogging Participation

1993-2003

Totals in millions

Census Regions Shown as Percent of Total

	<u>Total</u>	<u>New England</u>	<u>Mid-Atlantic</u>	<u>East North Central</u>	<u>West North Central</u>	<u>South Atlantic</u>	<u>East South Central</u>	<u>West South Central</u>	<u>Mountain</u>	<u>Pacific</u>
2003	22.9	6.2	13.1	15.5	3.5	15.4	5.4	11.7	6.3	22.8
2001	24.5	4.9	14.0	14.0	7.5	18.5	4.8	10.9	8.1	17.4
1999	22.4	3.6	12.5	14.0	7.1	18.1	5.7	12.4	6.6	20.1
1997	21.7	3.9	14.6	14.0	6.8	18.0	4.7	11.5	8.1	18.4
1995	20.6	4.1	13.0	14.7	7.2	17.9	5.7	10.8	7.0	19.6
1993	20.3	4.1	13.2	13.7	7.4	19.9	6.9	10.5	6.6	17.5

Source: National Sporting Goods Association, Mount Prospect, Illinois